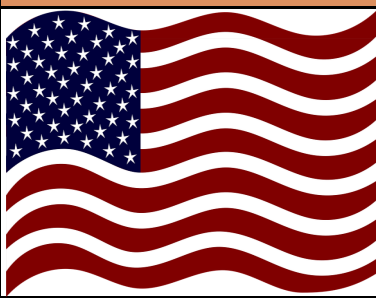
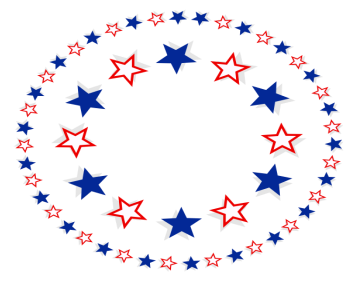


November 2025	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday Wishes To The Greens Calendar Key Out-trips Lectures Religion Exercise Entertainment Activities are subject to change DAILY MOVIE SHOWINGS IN THE THEATER ROOM @1PM & 6PM							1 10:30 Word Game 11:00 Exercise Class 1:15 Scrabble Club 1:30-3:00 Bridge Club 2:00 Lecture, Mark A. 3:15 Crossword 4:00 Happy Hour
	2 Daylight Savings 10:30 Catholic Mass 10:30 Word Game 11:00 Fitness Aerobics 1:15 Afternoon Exercise 2:00 Concentration 3:00 Music w/ Gigi 4:00 Happy Hour 	3 10:30 Word Game 11:00 Chair Exercises 1:15 Jeopardy 2:00 Crossword Challenge 3:00 Bingo 4:00 Happy Hour	4 10:30 Word Game 11:00 Fitness w/ Garner 1:15 Spanish Lessons 1:30 Out to Stop & Shop 2:00 Tea & Trivia Social 3:00 Choir Group 4:00 Happy Hour	5 10:30 Word Game 11:00 Chair Yoga w/ Beverly 1:15 Mahjong Club 1:15 Rosary w/ Mary 2:00 Medicare Made Clear Presentation 3:00 Bingo 4:00 Happy Hour	6 10:30 Word Game 11:00 Fitness Class w/ RVNA 1:15 Poker & Gin Club 2:00 Concentration 3:00 Music w/ Over Easy 4:00 Happy Hour	7 10:30 Word Game 11:00 Fitness Class 1:15 Afternoon Exercise 2:00 Crossword Challenge 3:00 Bingo 3:30 Shabbat Service 4:00 Happy Hour	8 10:30 Word Game 11:00 Exercise Class 11:30 Out to Playhouse 1:15 Scrabble Club 1:30 -3:00 Bridge Club 2:00 Trivia Social 3:00 Lecture, Harold Rosenbaum 4:00 Happy Hour
	9 10:30 Catholic Mass 10:30 Word Game 11:00 Fitness Aerobics 1:15 Afternoon Exercise 2:00 Bingo 3:00 Music w/ Warren Bloom 4:00 Happy Hour	10 10:30 Word Game 11:00 Chair Exercises 1:15 Crossword 2:15 Bronze Quality Award Celebration & Welcome Reception 3:00 Music w/ Bob Brophy 4:00 Happy Hour	11 Veteran's Day 10:30 Word Game 11:00 Fitness w/ Garner 1:15 Bingo 2:30 Veteran's Day Ceremony 3:00 Music-Nancy Wildman 4:00 Happy Hour 	12 10:30 Catholic Mass 10:30 Word Game 11:00 Chair Yoga w/ Beverly 1:15 Mahjong Club 1:30 Visit w/ Rabbi 2:00 Tea & Trivia Social 3:00 Choir Group 4:00 Happy Hour	13 10:30 Word Game 11:00 Enhanced Fitness 1:15 Poker & Gin Club 2:00 Trivia & Chats 2:30 The Greens Memorial Service 3:15 Concentration 4:00 Happy Hour	14 10:30 Word Game 11:00 Fitness Class 1:15 Afternoon Exercise 1:30 Out for Errands 2:00 Music w/ Jon Tench 3:00 Bingo 3:30 Shabbat Service 4:00 Happy Hour	15 10:30 Word Game 11:00 Exercise Class 1:15 Scrabble & Rummikub 1:30 -3:00 Bridge Club 2:00 Crossword 3:00 Choir Group 4:00 Happy Hour
	16 10:30 Catholic Mass 10:30 Word Game 11:00 Fitness Aerobics 1:15 Afternoon Exercise 2:00 Lecture w/ Evan 2:00 Out to Stamford Palace 3:00 Bingo 4:00 Happy Hour	17 10:30 Word Game 11:00 Chair Exercises 1:15 Jeopardy 2:00 Concentration 3:00 Lecture w/ Darby 4:00 Happy Hour	18 10:30 Word Game 11:00 Fitness w/ Garner 1:15 Spanish Lessons 2:00 Bingo 3:00 Choir Group 4:00 Happy Hour	19 10:30 Word Game 11:00 Exercise Class 1:15 Mahjong Club 1:15 Rosary w/ Mary 2:00 Tea & Trivia Social 3:00 Art Therapy w/ Debi 4:00 Happy Hour	20 10:30 Word Game 11:00 Fitness Class w/ RVNA 1:15 Poker & Gin Club 2:00 Crossword 3:00 Music w/ Catfish Band 4:00 Happy Hour	21 10:30 Word Game 11:00 Fitness Class 1:15 Afternoon Exercise 2:00 Interactive Trivia 2:00 Food Group Meeting 3:00 Bingo 3:30 Shabbat Service 4:00 Happy Hour	22 10:30 Word Game 11:00 Exercise Class 1:15 Scrabble & Rummikub 1:30 -3:00 Bridge Club 2:00 Crossword 3:00 Trivia Social 4:00 Happy Hour
	23 10:30 Catholic Mass 10:30 Word Game 11:00 Fitness Aerobics 1:15 Afternoon Exercise 2:00 Bingo 3:00 Choir Group 4:00 Happy Hour	24 10:30 Word Game 11:00 Protestant Service 11:30 Out to Lunch 11:00 Chair Exercises 1:15 Jeopardy 2:00 Resident Council 3:00 Crossword Challenge 4:00 Happy Hour	25 10:30 Word Game 11:00 Fitness w/ Garner 1:15 Spanish Lessons 2:00 Tea & Trivia Social 3:00 Bingo 4:00 Happy Hour	26 10:30 Catholic Mass 10:30 Word Game 11:00 Chair Yoga w/ Beverly 1:15 Mahjong Club 1:15 Rosary w/ Mary 2:00 Book Club 3:00 Choir Group 4:00 Happy Hour	27 Happy Thanksgiving!! 10:30 Word Game 11:00 Armchair Turkey Trot 1:15 Poker & Gin Club 2:00 Concentration 3:00 Turkey Day Trivia 3:45 Happy Hour	28 10:30 Word Game 11:00 Fitness Class 1:15 Afternoon Exercise 2:00 Bingo 3:00 Music w/ David G 3:30 Shabbat Service 4:00 Happy Hour	29 10:30 Word Game 11:00 Exercise Class 1:15 Scrabble & Rummikub 1:30 -3:00 Bridge Club 2:00 Crossword 3:00 Trivia Social 4:00 Happy Hour
	30 10:30 Catholic Mass 10:30 Word Game 11:00 Yoga w/ Alice 1:15 Afternoon Exercise 2:00 Music w/ Stacy 3:00 Choir Group 4:00 Happy Hour						

November 2025 Garden Tea		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
								1 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30- Adult Coloring 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along
		2 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along 	3 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Calm Coloring 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo	4 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group	5 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:30 Arts & Crafts 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	6 10:15-Coffee & News 10:30-Scenic Out Trip 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Name 10 3:00-Music w/ Dale 3:30- Seated Zumba 4:00-Drumming Circle	7 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	8 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30- Adult Coloring 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along
		9 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along	10 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Sensory Programming 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo	11 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30- Sensory Programming 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group 	12 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	13 10:15-Coffee & News 10:30-Scenic Out Trip 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Name 10 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle	14 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	15 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30- Adult Coloring 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along
		16 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along	17 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Sensory Programming 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo	18 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group	19 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	20 10:15-Coffee & News 10:30-Scenic Out Trip 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Name 10 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle	21 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	22 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30- Sensory Programming 3:00- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along
		23 10:30-Coffee & News 11:00-Seated Exercise 11:30-Hangman 1:30 Painting Group 3:00- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along	24 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Sensory Programming 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo	25 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group	26 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	27 Happy Thanksgiving!! 10:30-Macys Parade Show 11:00-Chair Yoga 11:30- Thursday Trivia 1:30-Thanksgiving Coloring 3:00-Turkey Toss 3:30- Seated Zumba 4:00-Drumming Circle Happy Thanksgiving!!	28 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	29 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30- Adult Coloring 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along
		30 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along						

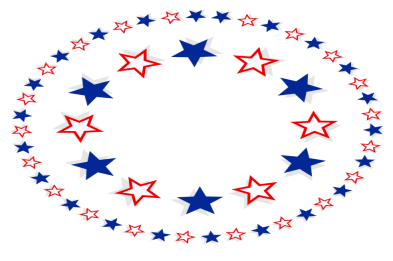
Calendar Key

Exercise
Out-trips
Main-House=MH
Religion
Therapy Groups

Activities are subject to change

DAILY MOVIE SHOWINGS @5:30pm

DAILY BEVERAGES @11AM & DAILY AFTERNOON REFRESHMENTS @2:30PM

November 2025 Activity		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
								1 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-Golden Girls Episode 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along
		2 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music-Lou Patrick 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing	3 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	4 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	5 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	6 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	7 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	8 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-Golden Girls Episode 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along
		9 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music-Warren Bloom 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing	10 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Dance Therapy w/ Dominique 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	11 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:45- Music w/ Nancy Wildman-Celebrating our Veterans 3:00-Fitness Circle 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	12 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	13 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	14 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	15 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-Golden Girls Episode 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along
		16 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music-Catfish 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing	17 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Art Presentation w/ Darby 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	18 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	19 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	20 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	21 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	22 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-Music w/ Carolyn 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along
		23 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Televised Musical 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing	24 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00 Music w/ Gem 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	25 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	26 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	27 Happy Thanksgiving!! 10:15-Daily Chronicle 10:30-Macys Parade Show 11:00-Movin to Music 1:30-Kickball 2:00- Thanksgiving Humor 3:00-Parachute 3:30-Wild Turkey Tale 4:00-Noodle Volley	28 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	29 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-Golden Girls Episode 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along
		30 10:30-Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:15-Music-Stacy 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing						

Calendar Key

Exercise
Religion
Entertainment

Activities are subject to change

DAILY MOVIE SHOWINGS @12:30pm

DAILY BEVERAGES @11AM & DAILY AFTERNOON REFRESHMENTS @2:30PM