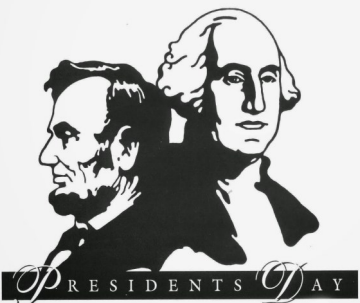
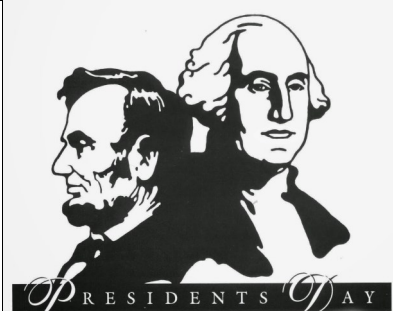


February 2026		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
The Greens Welcomes:								
		1 10:30 Word Game 11:00 Fitness Aerobics 1:15 Exercise Class 2:00 Bingo 3:00 Music w/ Lou Patrick 4:00 Happy Hour	2 Ground Hog Day 10:30 Word Game 11:00 Chair Exercises 1:15 Jewelry Making 2:00 Ground Hog Day Trivia 3:00 Music w/ Bob Brophy 4:00 Happy Hour 	3 10:30 Word Game 11:00 Fitness w/ Garner 1:15 Exercise Class 1:30-3:00 Bridge Club 2:00 Concentration 3:00 Bingo 4:00 Happy Hour 6:30 Scrabble Club	4 10:30 Communion & Rosary 10:30 Word Game 11:00 Exercise Class 1:30 Mahjong Club 2:00 Tea & Trivia Social 3:00 Painting Class 4:00 Happy Hour	5 10:30 Word Game 11:00 Fitness Class 1:30 Poker & Gin Club 2:00 Jeopardy 3:00 Bingo 4:00 Happy Hour 6:15 Current Events	6 Wear Red Day 10:30 Word Game 11:00 Fitness Class 1:15 Sudoku Challenge 2:00 Music w/ Jon Tench 3:00 Crossword Challenge 3:30 Shabbat Service 4:00 Happy Hour 2026 Winter Olympics Begin	7 10:30 Word Game 11:00 Exercise Class 1:15 Scrabble Club 2:00 Lecture, Mark Albertson 3:00 Hot Cocoa & Trivia 4:00 Happy Hour
		8 Superbowl Sunday 10:30 Word Game 11:00 Fitness Aerobics 1:15 Exercise Class 2:00 Bingo 3:00 Music w/ Warren Bloom 4:00 Happy Hour 6:30 Superbowl LX Patriots VS Seahawks	9 10:30 Word Game 11:00 Chair Exercises 1:15 Jewelry Making 2:00 Crossword Challenge 3:00 Art History Presentation w/ Darby 4:00 Happy Hour	10 10:30 Word Game 11:00 Fitness w/ Garner 1:15 Spanish Lessons 1:30-3:00 Bridge Club 2:00 Concentration 3:00 Bingo 4:00 Happy Hour 6:30 Scrabble Club	11 10:30 Word Game 11:00 Chair Yoga w/ Beverly 1:15 Rosary 1:30 Mahjong Club 2:00 Tea & Trivia Social 3:00 Painting Class 4:00 Happy Hour	12 10:30 Word Game 11:00 Fitness Class 1:00 Out to The Wilton Library 1:30 Poker & Gin Club 2:00 Jeopardy 3:00 Music w/ Over Easy Band 4:00 Happy Hour 6:15 Current Events	13 10:30 Word Game 11:00 Fitness Class 1:15 Sudoku Challenge 2:00 Bingo 3:30 Music w/ Sedgwick Sisters 3:30 Shabbat Service 4:00 Happy Hour	14 10:30 Word Game 11:00 Exercise Class 1:30 Love is in the Air Trivia 2:15 Sweetheart Social 3:00 Music w/ Carolyn Black 4:00 Happy Hour 
Calendar Key Out-trips Lectures Religion Exercise Entertainment Activities are subject to change DAILY MOVIE SHOWINGS IN THE THEATER ROOM @1PM & 6PM		15 10:30 Word Game 11:00 Fitness Aerobics 1:15 Exercise Class 2:00 History Lecture w/ Evan Weiner 3:15 Putting the Past in Order: Black History 4:00 Happy Hour	16 President's Day 10:30 Word Game 11:00 Presidential Fitness Trail 1:15 Jewelry Making 2:00 Bingo 3:00 President's Day Discussion Group 4:00 Happy Hour 	17 Chinese New Year & Mardi Gras  10:30 Word Game 11:00 Fitness w/ Garner 1:30-3:00 Bridge Club 1:15 Move & Groove Game 2:00 Lunar New Year 3:00 Mardi Gras Jeopardy 3:45 Mardi Gras Parade 4:00 Happy Hour	18 Ash Wednesday 10:30 Communion & Ashes w/ Rosary 10:30 Word Game 11:00 Chair Yoga w/ Beverly 1:30 Mahjong Club 2:00 Tea & Trivia Social 3:00 Art Therapy w/ Debi 4:00 Happy Hour	19 10:30 Word Game 11:00 Fitness Class 11:45 Out for Lunch 1:30 Poker & Gin Club 2:00 The Greens Olympic Games 3:00 Painting Class 4:00 Happy Hour 6:15 Current Events	20 10:30 Word Game 11:00 Fitness Class 1:15 Sudoku Challenge 1:30 Book Club 2:00 Interactive Trivia 3:00 Bingo 3:30 Shabbat Service 4:00 Happy Hour 6:30 Mix & Mingle Cocktail Hour	21 10:30 Word Game 11:00 Exercise Class 1:15 Scrabble Club 2:00 Music w/ Tom Aalfs 3:00 Hot Cocoa & Trivia 4:00 Happy Hour
		22 10:30 Word Game 11:00 Televised Tai Chi 1:15 Exercise Class 2:00 Who Am I? – Black History Month 3:00 Bingo 4:00 Happy Hour	23 10:30 Word Game 10:30 Out for Errands 11:00 Chair Exercises 1:15 Jewelry Making 2:00 Crossword Challenge 3:00 Painting Class 4:00 Happy Hour	24 10:30 Word Game 11:00 Fitness w/ Garner 1:15 Spanish Lessons 2:00 Resident Council & Food Meeting 3:00 Bingo 4:00 Happy Hour 6:30 Scrabble Club	25 10:30 Word Game 11:00 Chair Yoga w/ Beverly 1:15 Rosary 1:30 Mahjong Club 2:00 Tea & Trivia Social 3:00 Music w/ Catfish Band 4:00 Happy Hour	26 10:30 Word Game 11:00 Fitness Class 1:00 Out to The Aldrich Contemporary Art Museum 1:30 Visit w/ The Rabbi 2:00 Jeopardy 3:00 Horticulture Lecture 4:00 Happy Hour 6:15 Current Events	27 10:30 Word Game 11:00 Fitness Class 1:15 Sudoku Challenge 1:45 Bingo 3:00 Music w/ David G 3:30 Shabbat Service 4:00 Happy Hour	28 10:30 Word Game 11:00 Exercise Class 1:15 Scrabble Club 2:00 Crossword Challenge 3:00 Hot Cocoa & Trivia 4:00 Happy Hour

February 2026 Garden Tea Room		SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday Wishes								
Calendar Key Exercise Out-trips Main-House=MH Religion Entertainment Therapy Groups Activities are subject to change DAILY MOVIE SHOWINGS @5:30pm DAILY BEVERAGES @11AM & DAILY AFTERNOON REFRESHMENTS @2:30PM		1 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along	2 Ground Hog Day 10:15-Coffee & News 11:00-Seated Exercise 11:30-Punxsutawney Phil Coloring Project 1:30-Sensory Programming 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo 	3 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group	4 10:15-Coffee & News 10:30 Communion & Rosary 10:30-Exercise Class 11:00-Word Games 11:30-Ball Toss 1:15 Calm Coloring 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	5 10:15-Coffee & News 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Name 10 3:00-Music w/ Dale 3:30- Seated Zumba 4:00-Drumming Circle	6 Wear Red Day 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	7 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Painting Group 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along
		8 Superbowl LX 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along	9 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:15-Music & Reminiscing 2:00-Art Presentation w/ Darby 3:15- Afternoon Exercise 3:45-Bingo	10 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Sensory Programming 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group	11 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	12 10:15-Coffee & News 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Name 10 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle	13 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	14 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 3:15- Noodle Volley 3:45- Afternoon Stretch 4:15-Valentine's Day Coloring 
		15 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 1:30-Painting Class 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along	16 Presidents Day 10:15-Coffee & News 11:00-Seated Exercise 11:30-Presidential Riddles 1:30-Sensory Programming 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo 	17 Chinese New Year & Mardi Gras 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Chinese New Year & Mardi Gras Coloring 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group 	18 Ash Wednesday 10:15-Coffee & News 10:30 Communion & Rosary 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	19 10:15-Coffee & News 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Name 10 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle	20 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	21 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Painting Group 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along
		22 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along	23 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Calm Coloring 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo	24 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group	25 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle	26 10:15-Coffee & News 10:30-Scenic Out Trip 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Horticulture Lecture w/ Eric 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle	27 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo	28 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Painting Group 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along

February 2026 Activity Room	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURS-	FRIDAY	SATURDAY
Happy Birthday Wishes							
	1 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music w/ Gigi 3:00-Fitness Fun 3:30-Who sings This! 4:00-Piano Music w/ Mary	2 Ground Hog Day 10:15-Daily Chronicle-Ground Hog Day Predictions 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music w/ Bob Brophy 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling 	3 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	4 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	5 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	6 Wear Red Day 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	7 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-EZ Trivia 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along
Calendar Key Exercise Religion Entertainment Activities are subject to change DAILY MOVIE SHOWINGS @12:30pm DAILY BEVERAGES @11AM & DAILY AFTERNOON REFRESHMENTS @2:30PM	8 Superbowl LX 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music w/ Warren Bloom 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing	9 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	10 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:15-Scarf Movement 1:45 Music -Nancy Wildman 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	11 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	12 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	13 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	14 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Sweetheart Social w/ Music by Carolynn 3:00-Seated Zumba 3:30-Bowling Club 4:00- Piano Music w/ Mary 
	15 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Televised Musical 3:00-Fitness Fun 3:30-Who sings This! 4:00-Piano Music w/ Mary	16 Presidents Day 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Presidential Fitness Trail 3:30-Trivia Circle 4:00- Bowling 	17 Chinese New Year & Mardi Gras 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Travelogue: New Orleans for Mardi Gras 4:00-Noodle Ball Tennis 	18 Ash Wednesday 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	19 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	20 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	21 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-EZ Trivia 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along
	22 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music w/ The Howling Dogs 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing	23 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Dance Therapy w/ Dominique 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	24 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	25 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle	26 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	27 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	28 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-EZ Trivia 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along