

| April 2026 | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
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Happy Birthday Wishes



1 Passover Begins
 10:30 Catholic Mass
 10:30 Word Game
 11:00 Chair Yoga w/ Beverly
 1:30 Mahjong Club
 1:30 Passover Trivia-History of The Charoset
 2:30 Presentation w/ Rashmi
 4:00 Happy Hour
April Fools Day!

2
 10:30 Word Game
 11:00 Fitness Class
 1:30 Poker & Gin Club
 1:00 Out for Coffee
 2:00 Music w/ Jon Tench
 3:00 Crossword
 4:00 Happy Hour
 6:15 Current Events

3 Good Friday
 10:30 Word Game
 11:00 Fitness Class
 1:15 Good Friday Service
 2:00 Music w/ Hoot Owls
 3:00 Bingo
 3:30 Shabbat Service
 4:00 Happy Hour

4
 10:30 Word Game
 11:00 Exercise Class
 1:15 Scrabble Club
 2:00 History Lecture w/ Mark Albertson
 3:15 Easter Egg Coloring
 4:00 Happy Hour

5 Easter Sunday
 10:00 Televised Mass
 10:30 Word Game
 11:00 Fitness Aerobics
 1:15 History of Easter
 2:00 Bingo
 3:00 Easter Social w/ Music by Gigi
 4:00 Happy Hour
Happy Birthday Dolores!

6
 10:30 Word Game
 10:30 Out to Stop & Shop
 11:00 Chair Exercises
 1:15 Walking Club
 2:00 Concentration
 3:00 Music w/ Bob Brophy
 4:00 Happy Hour
 4:30 Passover Seder

7
 10:30 Word Game
 11:00 Enhanced Fitness
 1:30-3:00 Bridge Club
 2:00 Tea & Trivia Social
 3:00 Bingo
 4:00 Happy Hour

8
 10:30 Word Game
 11:00 Chair Yoga w/ Beverly
 1:15 Rosary
 1:30 Mahjong Club
 2:00 Gardening Club Prep
 3:00 Painting Class
 4:00 Happy Hour

9
 10:30 Word Game
 11:00 Fitness Class
 1:30 Poker & Gin Club
 2:00 Bingo
 3:00 Music w/ Over Easy
 4:00 Happy Hour
 6:15 Current Events

10
 10:30 Word Game
 11:00 Fitness Class
 1:15 Jeopardy
 2:15 Bingo
 3:30 Music w/ Grigory
 3:30 Shabbat Service
 4:00 Happy Hour

11
 10:30 Word Game
 11:00 Exercise Class
 1:15 Scrabble Club
 2:00 Crossword Challenge
 3:00 Trivia Social
 4:00 Happy Hour
Happy Birthday Loretta S.!

The Greens Welcomes:

12
 10:00 Televised Mass
 10:30 Word Game
 11:00 Fitness Aerobics
 1:15 Jewelry Making
 2:00 Bingo
 3:00 Music w/ Warren Bloom
 4:00 Happy Hour

13
 10:30 Word Game
 10:30 Out to TjMaxx
 11:00 Chair Exercises
 1:15 Walking Club
 2:00 Crossword
 3:00 Art History Presentation w/ Darby
 4:00 Happy Hour
Happy Birthday Alan!

14
 10:30 Word Game
 11:00 Enhanced Fitness
 1:30-3:00 Bridge Club
 2:00 Tea & Trivia Social
 3:00 Music w/ Nancy Wildman
 4:00 Happy Hour

15
 10:30 Catholic Mass
 10:30 Word Game
 11:00 Chair Yoga w/ Beverly
 1:30 Mahjong Club
 2:00 Bingo w/ Vitas Hospice
 3:00 Art Therapy w/ Debi
 4:00 Happy Hour

16
 10:30 Out to Fairfield University Art Museum
 10:30 Word Game
 11:00 Fitness Class
 1:30 Poker & Gin Club
 2:00 Jeopardy
 3:00 Crossword
 4:00 Happy Hour
 6:15 Current Events

17
 10:30 Word Game
 11:00 Fitness Class
 1:15 Music Club
 2:00 Bingo
 3:00 Music w/ David "G"
 3:30 Shabbat Service
 4:00 Happy Hour

18
 10:30 Word Game
 11:00 Exercise Class
 1:15 Scrabble Club
 2:00 Trivia Social
 3:00 Survivor Swing Band Performs
 4:00 Happy Hour

19
 10:00 Televised Mass
 10:30 Word Game
 11:00 Fitness Aerobics
 1:30 Visit Rabbi
 2:00 Concentration
 3:00 Bingo
 4:00 Happy Hour
Happy Birthday Loretta T.!

20
 10:30 Word Game
 11:00 Chair Exercises
 1:15 Walking Club
 2:00 Sip & Stir Class w/ Naisha
 3:00 Dance Therapy w/ Dominique
 4:00 Happy Hour

21
 10:30 Word Game
 11:00 Enhanced Fitness
 1:30-3:00 Bridge Club
 2:00 Tea & Trivia Social
 3:00 Bingo
 4:00 Happy Hour
 4:30 Formal Dinner

22 Earth Day
 10:30 Word Game
 11:00 Chair Yoga w/ Beverly
 1:15 Rosary
 1:30 Mahjong Club
 2:00 Music w/ Tom Aalfs
 3:00 Seed Ball Making
 4:00 Happy Hour
Happy Birthday Phillip!

23
 10:30 Word Game
 11:00 Fitness Class
 11:30 Out to Lunch
 1:30 Poker & Gin Club
 2:00 Painting Class
 3:00 Horticulture w/ Eric
 4:00 Happy Hour
 6:15 Current Events

24
 10:30 Word Game
 11:00 Fitness Class
 1:15 Music Club
 2:00 Jeopardy
 3:00 Bingo
 3:30 Shabbat Service
 4:00 Happy Hour

25
 10:30 Word Game
 11:00 Exercise Class
 1:15 Scrabble Club
 2:00 Crossword Challenge
 3:00 Trivia Social
 4:00 Happy Hour

Calendar Key
 Out-trips
 Lectures
 Religion
 Exercise
 Entertainment

Activities are subject to change

DAILY MOVIE SHOWINGS IN THE THEATER ROOM @1PM & 6:30PM

26
 10:00 Televised Mass
 10:30 Word Game
 11:00 Televised Tai Chi
 1:15 Jewelry Making
 2:00 History Lecture w/ Art Gottlieb
 3:00 Concentration
 4:00 Happy Hour

27
 10:30 Word Game
 10:30 Out for Errands
 11:00 Chair Exercises
 1:15 Walking Club
 2:00 History Lecture w/ Evan Weiner
 3:00 Crossword
 4:00 Happy Hour

28
 10:30 Word Game
 11:00 Enhanced Fitness
 1:30-3:00 Bridge Club
 2:00 Resident Council
 3:00 Build a Bouquet Craft
 4:00 Happy Hour

29
 10:30 Catholic Mass
 10:30 Word Game
 11:00 Chair Yoga w/ Beverly
 1:15 Tea & Trivia Social
 1:30 Mahjong Club
 2:15 Bingo
 3:30 Music w/ Albert
 4:00 Happy Hour

30
 10:30 Daffodil Scenic Ride
 10:30 Word Game
 11:00 Fitness Class
 1:30 Poker & Gin Club
 2:00 Music w/ Stacy
 3:00 Bingo
 4:00 Happy Hour
 6:15 Current Events
Happy Birthday Martin Y.!



April 2026
Garden Tea
Room

Happy Birthday
Wishes


The Greens
Welcomes:

Calendar Key
Exercise
Out-trips
Main-House=MH
Religion
Entertainment
Therapy Groups

**Activities are
subject to change**

**DAILY MOVIE
SHOWINGS
@5:30pm**

**DAILY
BEVERAGES
@11AM
&
DAILY
AFTERNOON
REFRESHMENTS
@2:30PM**

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|--|--|--|--|
|   | | | | | | |
| | | | 1 Passover Begins 10:15-Coffee & News 10:30 Communion & Rosary 10:30-Exercise w/ Beverly 11:00-Passover Trivia 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle | 2 10:15-Coffee & News 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Name 10 3:00-Music w/ Dale 3:30- Seated Zumba 4:00-Drumming Circle | 3 Good Friday 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo | 4 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Painting Group 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along |
| 5 Easter Sunday 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Easter Trivia 3:45-Fitness Fun 4:15-Easter Coloring | 6 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Sensory Programming 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo | 7 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group | 8 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle | 9 10:15-Coffee & News 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Calm Coloring 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle | 10 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo | 11 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Painting Group 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along Happy Birthday William M.! |
| 12 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along | 13 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Sensory Programming 2:00-Art Presentation w/ Darby 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo | 14 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Sensory Programming 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group | 15 10:15-Coffee & News 10:30 Communion & Rosary 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle | 16 10:15-Coffee & News 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Calm Coloring 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle | 17 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo | 18 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Painting Group 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along Happy Birthday Allen G.! |
| 19 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along | 20 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Sensory Programming 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo | 21 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group Happy Birthday Alberta M.! | 22 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle | 23 10:15-Coffee & News 10:30-Scenic Out Trip 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Horticulture w/ Eric 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle | 24 10:15-Coffee & News 11:00-Chair Exercises 11:30-Wacky Words 1:30- Table Bowling 3:00 Music & Reminiscing 3:15 Afternoon Stretch 3:45 Bingo | 25 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Sensory Programming 2:45- Noodle Volley 3:30- Afternoon Stretch 4:00-Sing-Along |
| 26 10:30-Coffee, News, & Chats 11:00-Seated Exercise 11:30-Hangman 3:15- Sunday Trivia 3:45-Fitness Fun 4:15-Sing-Along Happy 100th Birthday Marion C.! | 27 10:15-Coffee & News 11:00-Seated Exercise 11:30-Crossword Puzzles 1:30-Table Bowling 3:00 Music & Reminiscing 3:15- Afternoon Exercise 3:45-Bingo | 28 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Concentration 3:15-Basketball Throwing 3:45- Afternoon Exercise 4:15 -Greens Choir Group | 29 10:15-Coffee & News 10:30 Communion & Rosary 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Ball Toss 1:15 Art Therapy w/ Debi 2:45-Bingo 3:30- Sittercise 4:00-Drumming Circle | 30 10:15-Coffee & News 11:00-Chair Yoga 11:30- Thursday Trivia 1:30- Sensory Programming 3:00-Kickball Circle 3:30- Seated Zumba 4:00-Drumming Circle |  | |

April 2026
Activity Room

Happy Birthday
Wishes

The Greens
Welcomes:

Calendar Key
Exercise
Religion
Entertainment

Activities are
subject to change

**DAILY MOVIE
SHOWINGS
@12:30pm**

**DAILY
BEVERAGES
@11AM
&
DAILY
AFTERNOON
REFRESHMENTS
@2:30PM**

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|--|
| <p>Happy Birthday Wishes</p> | | | | | | |
| <p>Happy Passover</p> | | | | | | |
| <p>Happy Easter</p> | | | | | | |
| | | | <p>1 Passover Begins 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle</p> | <p>2 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley</p> | <p>3 Good Friday 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time</p> | <p>4 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-EZ Trivia 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along</p> |
| <p>5 Easter Sunday 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music w/ Gigi 3:00-Fitness Fun 3:30-Easter Trivia 4:00-Afternoon Singing</p> | <p>6 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music w/ Bob Brophy 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling</p> | <p>7 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis</p> | <p>8 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle</p> | <p>9 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley</p> | <p>10 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time</p> | <p>11 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-EZ Trivia 3:00-Seated Zumba 3:30-Bowling Club 4:00- Piano Music w/ Mary</p> |
| <p>12 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Music w/ Warren 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing</p> | <p>13 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling</p> | <p>14 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:15-Scarf Movement 1:45 Music -Nancy Wildman 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis</p> | <p>15 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle</p> | <p>16 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley</p> | <p>17 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time</p> | <p>18 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music Circle 2:00-EZ Trivia 3:00-Seated Zumba 3:30-Bowling Club 4:00- Sing-Along</p> |
| <p>19 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Televised Musical 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing</p> | <p>20 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Dance Therapy w/ Dominique 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling</p> | <p>21 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis</p> | <p>22 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle</p> | <p>23 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley</p> | <p>24 10:15-Daily Chronicle 10:30-Scarf Dancing 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time</p> | <p>25 10:15-Daily Chronicle 10:30-Noodle Volley 11:00-Sittercise 1:30-Music w/ Carolyn 3:00-Seated Zumba 3:30-Bowling Club 4:00- Piano Music w/ Mary</p> |
| <p>26 10:30-Catholic Mass & Rosary 11:00-Sit & Get Fit 12:30-Travelogue 1:30-Televised Musical 3:00-Fitness Fun 3:30-Who sings This! 4:00-Afternoon Singing</p> | <p>27 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling</p> | <p>28 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fitness Circle 3:00-Parachute Fun 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis</p> | <p>29 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Noodle Volley 3:00- Bowling Club 3:30- Sing-Along 4:00- Drum Circle</p> | <p>30 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 1:15-Music w/ Stacy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley</p> |  | |