

September 2026	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Birthday Wishes			1 10:30 Word Game 11:00 Fitness Class 1:30-3:00 Bridge Club 2:00 Iced Tea & Trivia 3:00 Bingo 4:00 Happy Hour	2 10:30 Catholic Mass & Rosary 10:30 Word Game 11:00 Chair Yoga-Beverly 1:30 Out to Farmers Market 1:30 Mahjong Club 2:00 Bingo 3:00 Music w/ Vincent 4:00 Happy Hour	3 10:30 Word Game 11:00 Fitness Class 1:30 Poker & Gin Club 2:00 Painting Class 3:00 Concentration 4:00 Happy Hour 6:30 Current Events	4 10:30 Word Game 11:00 Fitness 1:15 Golf Cart Rides 2:00 Music w/ The Hoot Owls 3:00 Bingo 3:30 Shabbat Service 4:00 Happy Hour	5 10:30 Word Game 11:00 Exercise Class 1:15 Garden Club 2:00 Lecture, Mark Albertson 3:15 Crossword 4:00 Happy Hour
	6 10:30 Catholic Mass 10:30 Word Game 11:00 Fitness Aerobics 1:30 Bingo 2:30 Ice-cream Social 3:00 Music w/ Deuces Duo 4:00 Happy Hour	7 Labor Day 10:30 Occupational Wheel of Fortune Word Game 11:00 Chair Exercises 1:15 Golf Cart Rides & Garden Club 2:00 Lecture w/ Evan 3:00 Learning About Labor Day 4:00 Happy Hour	8 10:30 Word Game 11:00 Fitness Class 1:30-3:00 Bridge Club 2:00 Music w/ Jon Tench 3:00 Bingo 4:00 Happy Hour	9 10:30 Word Game 11:00 Chair Yoga-Beverly 1:15 Rosary 1:30 Out to Farmers Market 1:30 Mahjong Club 2:00 Tie Dye Making 3:00 Bingo 4:00 Happy Hour	10 10:30 Word Game 11:00 Fitness Class 1:00 Maritime Aquarium Trip 1:30 Poker & Gin Club 2:00 Painting Class 3:00 Dance Therapy w/ Dominique 4:00 Happy Hour	11 Rosh Hashanah 10:00 Out for Errands 10:30 Word Game 11:00 Fitness 1:15 Golf Cart Rides 2:00 National Day of Service 3:00 Bingo 3:30 Shabbat Service 4:00 Happy Hour 	12 10:15 Word Game 11:00 Exercise Class 1:15 Scrabble Club 2:00 Crossword Challenge 3:00 The What, Why, and How of the Cheshbon 4:00 Happy Hour
	13 Grandparents Day 10:30 Catholic Mass 10:30 Word Game 11:00 Fitness Class 1:15 Jewelry Making 2:00 Memory Lane Ice-Cream Social 3:00 Music-Warren Bloom 4:00 Happy Hour ASSISTED	14 10:30 Word Game 11:00 Chair Exercises 1:15 Golf Cart Rides 2:00 Senior Superlatives & Reminiscing 3:00 Music w/ Bob Brophy 4:00 Happy Hour LIVING	15 10:30 Word Game 11:00 Fitness 1:30-3:00 Bridge Club 2:00 Couples & Connections Tea Party 3:00 Little Petting Zoo Visits 4:00 Happy Hour	16 10:30 Word Game 10:30 Catholic Mass 11:00 Chair Yoga-Beverly 1:15 Mahjong Club 1:30 Appreciation Cards for Staff 2:15 Iced Tea & Trivia 3:00 Art Therapy w/ Debi 4:00 Happy Hour "SHINING	17 10:30 Word Game 11:00 Fitness Class 1:30 Poker & Gin Club 2:00 Around the World Travel Fair 3:00 Music w/ Over Easy 4:00 Happy Hour 6:30 Current Events THROUGH	18 10:30 Word Game 11:00 Fitness 1:15 Golf Cart Rides 2:00 Bingo 3:00 Shabbat Service 3:30 Music w/ Sedgwick Sisters 4:00 Happy Hour THE	19 10:15 Word Game 11:00 Exercise Class 11:30-1:30 End of Summer Party-Retro Theme 2:00 Concentration 3:00 Music w/ David G 4:00 Happy Hour YEARS"
Calendar Key Out-trips Lectures Religion Exercise Entertainment Activities are subject to change DAILY MOVIE SHOWINGS IN THE THEATER ROOM @1PM & 6:30PM	20 Yom Kippur 10:30 Catholic Mass 10:30 Word Game 11:00 Fitness Aerobics 1:15 Golf Cart Rides 2:00 Lecture w/ Art Gottlieb 3:00 The Day of Atonement Discussion 4:00 Happy Hour	21 10:30 Word Game 11:00 Chair Exercises 1:15 Golf Cart Rides 1:45 Bingo 3:00 Presentation w/ Darby 4:00 Happy Hour	22 First Day of Autumn 10:30 Word Game 11:00 Fitness 1:30-3:00 Bridge Club 2:00 Iced Tea & Trivia 3:00 Resident Council 4:00 Happy Hour 4:30 Formal Dinner 	23 10:30 Word Game 11:00 Chair Yoga-Beverly 1:15 Rosary 1:30 Out for a Fall Activity 1:30 Mahjong Club 2:00 Crossword Challenge 3:00 Bingo 4:00 Happy Hour	24 10:30 Word Game 11:00 Fitness Class 1:30 Painting Class 3:00 Horticulture Lecture 4:00 Happy Hour 6:30 Current Events	25 10:30 Word Game 11:00 Fitness 1:15 Golf Cart Rides 2:00 Interactive Trivia 3:00 Bingo 3:30 Shabbat Service 4:00 Happy Hour	26 10:15 Word Game 11:00 Exercise Class 1:15 Scrabble Club 2:00 Crossword Challenge 3:00 Trivia & Chats 4:00 Happy Hour
	27 10:30 Catholic Mass 10:30 Word Game 11:00 Televised Tai Chi 1:15 Golf Cart Rides 2:00 Pet Therapy 3:00 Bingo 4:00 Happy Hour	28 10:30 Word Game 11:00 Chair Exercises 11:30 Out for Lunch 1:15 Golf Cart Rides & Garden Club 2:00 Lecture w/ Harold 3:00 Jeopardy 4:00 Happy Hour	29 10:30 Word Game 11:00 Fitness Class 1:30-3:00 Bridge Club 1:00 Out to the Aldrich Contemporary Museum 2:00 Iced Tea & Trivia 3:00 Bingo 4:00 Happy Hour	30 10:30 Word Game 11:00 Chair Yoga-Beverly 1:30 Mahjong Club 2:00 Piano Music w/ Kim Young 3:00 Crossword Challenge 4:00 Happy Hour			

September 2026 Garden Tea Room	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar Key Exercise Out-trips Religion Entertainment Therapy Groups Activities are subject to change DAILY MOVIE SHOWINGS @5:30pm DAILY BEVERAGES @11AM &			1 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Bingo 3:00-Basketball Throwing 3:30- Afternoon Exercise 4:00-Greens Choir Group	2 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Kickball Circle 3:00-Painting Class 4:15-Seated Exercises	3 10:15-Coffee & News 11:00-Chair Yoga 11:30-What goes Together 1:30-Bingo 3:00-Music & Trivia 3:30 Word Games 4:00- Seated Zumba	4 10:15-Coffee & News 10:30-Wacky Words 11:00-Chair Exercises 11:30-Brain Aerobics 1:30-Painting 3:00- Exercise 4:00-Table Volley	5 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Bingo 3:00- Afternoon Stretch 3:30 Word Games 4:15- Music & Reminiscing
	6 10:30-Coffee & News 11:00-Word Scramble 11:30-Morning Stretch 3:15- Sunday Trivia 3:45-Fitness Fun 4:15- Dance Therapy	7 Labor Day 10:15-Coffee & News 11:00-Seated Exercise 11:30-My Hilarious Job History 1:15-Golf Cart Rides 1:30-Labor Day Craft 3:00 Crossword Fun 4:00 Afternoon Exercise	8 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Bingo 2:00-Golf Cart Rides 3:00-Basketball Throwing 3:30- Afternoon Exercise 4:00-Greens Choir Group	9 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Kickball Circle 1:15 Painting Class 3:00- Bingo 4:00-Seated Exercises	10 10:15-Coffee & News 11:00-Chair Yoga 11:30-What goes Together 3:00-Music & Trivia 3:30 Word Games 4:00- Seated Zumba	11 Rosh Hashanah Begins at Sunset 10:15-Coffee & News 10:30-Wacky Words 11:00-Chair Exercises 11:30-Brain Aerobics 1:30-Bingo 3:00- Rosh Hashanah Coloring 4:00-Table Volley	12 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 1:30-Bingo 3:00- Afternoon Stretch 3:30 Word Games 4:15- Music & Reminiscing
	13 Grandparents Day 10:30-Coffee & News 11:00-Word Scramble 11:30-Morning Stretch 3:15- Spin & Think: Grandparents Day Edition 3:45-Fitness Fun 4:15- Dance Therapy ASSISTED	14 10:15-Coffee & News 11:00-Seated Exercise 11:30-Word Game 1:30-Sensory Programming 3:15- Crossword Fun 4:15- Afternoon Exercise LIVING	15 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Little Petting Zoo Visits 3:00-Basketball Throwing 3:30- Afternoon Exercise 4:00-Greens Choir Group WEEK	16 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Kickball Circle 1:15 Art Therapy w/ Debi 3:00- Bingo 4:00-Seated Exercises "SHINING	17 10:15-Coffee & News 11:00-Chair Yoga 11:30-What goes Together 1:30-Bingo 3:00-Around The World Trivia 3:30 Word Games 4:00- Seated Zumba THROUGH	18 10:15-Coffee & News 10:30-Wacky Words 11:00-Chair Exercises 11:30-Brain Aerobics 1:30-Bingo 3:00- Still Shining Social 4:00-Table Volley THE	19 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 11:30-1:30 End of Summer Party 1:30-Bingo 3:00- Afternoon Stretch 3:30 Word Games 4:15- Music & Reminiscing YEARS"
	20 Yom Kippur 10:30-Coffee & News 11:00-Word Scramble 11:30-Morning Stretch 1:30 Yom Kippur Wall Hanging Craft 2:15 Pet Therapy 3:15- Sunday Trivia 3:45-Fitness Fun 4:15- Dance Therapy	21 10:15-Coffee & News 11:00-Seated Exercise 11:30-Word Game 1:15-Golf Cart Rides 2:00-Presentation w/ Darby 3:00 Crossword Fun 4:00 Afternoon Exercise	22 First Day of Autumn 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Bingo 2:00-Golf Cart Rides 3:00-Basketball Throwing 3:30- Afternoon Exercise 4:00-Greens Choir Group	23 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Kickball Circle 1:15 Art Therapy w/ Debi 3:00- Bingo 4:00-Seated Exercises	24 10:15-Coffee & News 10:30-Category Trivia 11:00-Chair Yoga 11:30-What goes Together 1:30- Horticulture Lecture 3:00-Music & Trivia 3:30 Word Games 4:00- Seated Zumba	25 10:15-Coffee & News 10:30-Wacky Words 11:00-Chair Exercises 11:30-Brain Aerobics 3:00- 4:00-Table Volley	26 10:15-Coffee & News 11:00-Fitness Class 11:30-Word Games 3:15- Afternoon Stretch 3:45 Word Games 4:15- Music & Reminiscing
	27 10:30-Coffee & News 11:00-Word Scramble 11:30-Morning Stretch 3:15- Pet Therapy 3:45-Fitness Fun 4:15- Dance Therapy	28 10:15-Coffee & News 11:00-Seated Exercise 11:30-Word Game 1:15-Golf Cart Rides 1:30-Arts & Crafts 3:00 Crossword Fun 4:00 Afternoon Exercise	29 10:15-Coffee & News 11:00-Sit & Get Fit 11:30-Balloon Volley 1:30-Bingo 2:00-Golf Cart Rides 3:00-Basketball Throwing 3:30- Afternoon Exercise 4:00-Greens Choir Group	30 10:15-Coffee & News 10:30-Exercise w/ Beverly 11:00-Word Games 11:30-Kickball Circle 1:15 Art Therapy w/ Debi 3:00- Bingo 4:00-Seated Exercises			

September
2026
Activity
Room

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fill in the Blank 3:00-Fitness Circle 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	2 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Music w/ Vincent 3:00- Sing-Along 3:30- Bowling 4:00- Drum Circle	3 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 11:30- Balloon Volley 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along	4 10:15-Daily Chronicle 10:30-Pass the Ball 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	5 10:15-Daily Chronicle 10:30-Sittercise 11:00-Trivia Discussion 1:30-Music Circle 2:00-Golden Girls Episode 3:00-Seated Zumba 3:30-Sing-Along 4:00- Bowling Club
6 10:30-Catholic Mass 11:00-Sit & Get Fit 11:30-Daily Chronicle 1:30-Music by Gigi 3:00-Fitness Fun 3:30-Noodle Volley 4:00-Afternoon Singing	7 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	8 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fill in the Blank 3:00-Fitness Circle 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	9 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Afternoon Exercise 3:00- Sing-Along 3:30- Bowling 4:00- Drum Circle	10 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 11:30- Balloon Volley 1:30-Dance Therapy w/ Dominique 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	11 Rosh Hashanah Begins at Sunset 10:15-Daily Chronicle 10:30-Pass the Ball 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	12 10:15-Daily Chronicle 10:30-Sittercise 11:00-Trivia Discussion 1:30-Music Circle 2:00-Golden Girls Episode 3:00-Seated Zumba 3:30-Piano Music by Mary 4:00- Bowling Club
13 Grandparents Day 10:30-Catholic Mass 11:00-Sit & Get Fit 11:30-Daily Chronicle 1:30-Music-Warren Bloom 3:00-Fitness Fun 3:30-Noodle Volley 4:00-Piano Music by Mary ASSISTED	14 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:45-Music w/ Bob Brophy 2:00- Parachute 3:30-Trivia Circle 4:00- Bowling LIVING	15 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fill in the Blank 3:00-Fitness Circle 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis WEEK	16 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Afternoon Exercise 3:00- Sing-Along 3:30- Bowling 4:00- Drum Circle "SHINING	17 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 11:30- Balloon Volley 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley THROUGH	18 10:15-Daily Chronicle 10:30-Pass the Ball 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Music w/ Doug Hartline 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time THE	19 10:15-Daily Chronicle 10:30-Sittercise 11:00-Trivia Discussion 1:30-Music Circle 2:00-Golden Girls Episode 3:00 Music w/ Shannon Doyle 3:30-Seated Zumba 4:00- Bowling Club YEARS"
20 Yom Kippur 10:30-Catholic Mass 11:00-Sit & Get Fit 11:30-Daily Chronicle 1:30-Televised Musical 3:00-Fitness Fun 3:30-Noodle Volley 4:00-Afternoon Singing	21 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	22 First Day of Autumn 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fill in the Blank 3:00-Fitness Circle 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	23 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Afternoon Exercise 3:00- Sing-Along 3:30- Bowling 4:00- Drum Circle	24 10:15-Daily Chronicle 10:30-Name that Sound 11:00-Movin to Music 11:30- Balloon Volley 1:30-Kickball 2:00- Dance Therapy 3:00-Parachute 3:30-Sing-Along 4:00-Noodle Volley	25 10:15-Daily Chronicle 10:30-Pass the Ball 11:00-Noodle Fitness 1:30-Kickball Circle 2:00- Fitness Class 3:00- Basketball Throwing 3:30-Jeopardy Fridays 4:00-Karaoke Time	26 10:15-Daily Chronicle 10:30-Sittercise 11:00-Trivia Discussion 1:30-Music w/ Carolyn 3:00-Seated Zumba 3:30-Piano Music by Mary 4:00- Bowling Club
27 10:30-Catholic Mass 11:00-Sit & Get Fit 11:30-Daily Chronicle 1:30-Music w/ Felix 2:00-Sing-Along 3:00-Fitness Fun 3:30-Noodle Volley 4:00-Piano Music by Mary	28 10:15-Daily Chronicle 10:30-Wordgames 11:00-Stretch Exercise 1:30-Music Circle 2:00- Bowling Club 3:00- Parachute 3:30-Trivia Circle 4:00- Bowling	29 10:15-Daily Chronicle 10:30-Name That Tune 11:00-Chair Yoga 1:30-Scarf Movement 2:00-Fill in the Blank 3:00-Fitness Circle 3:30-Tuesday Trivia 4:00-Noodle Ball Tennis	30 10:15-Daily Chronicle 10:30-Kickball Circle 11:00-Sit & Get Fit 1:30-Bean Bag Toss 2:00-Afternoon Exercise 3:00- Sing-Along 3:30- Bowling 4:00- Drum Circle	  		

Calendar Key

Religion
Entertainment
Exercise

Activities are
subject to change

TRAVELOGUE
@12:30pm

DAILY
BEVERAGES
@11AM
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